

# ZACH SCHUDSON

schudson@csus.edu | twitter: @ZSchudson | website: zachschudson.com

**Research interests:** I study the relationship between *beliefs about social categories*, especially gender/sex and sexuality, and people's *perceptions of others* and *self-concepts*. I have two main lines of research: (1) essentialist and social constructionist beliefs and their links to prejudice against marginalized groups (e.g., transgender and gender/sex diverse people), and (2) how understandings of gender/sex and sexuality affect how people construct their own gender/sex and sexual identities.

| *feminist and queer psychology* | *LGBTQ* | *social psychology* | *beliefs and attitudes* | *prejudice* | *self and identity* |

---

## ACADEMIC POSITION

### California State University, Sacramento

Assistant Professor

Department of Psychology

Sacramento, CA

08/2020–current

---

## EDUCATION

### University of Michigan

Psychology & Women's Studies, Ph.D.

Advisors: Dr. Sari van Anders, Dr. Susan Gelman

Dissertation: *Beliefs about gender/sex diversity: Heterogeneity, links to prejudice, and diversity-affirming interventions*

Ann Arbor, MI

09/2014–06/2020

### Pomona College

Neuroscience, B.A.

Minor in Gender & Women's Studies

Claremont, CA

08/2009–05/2013

---

## AWARDS, HONORS, & FELLOWSHIPS

### APA Dissertation Research Award (\$1,000), 2019

American Psychological Association, Washington D.C.

### Rackham One-Term Dissertation Fellowship (\$10,200) 2019

Rackham Graduate School, University of Michigan, Ann Arbor, MI

### Feminism & Psychology Student Presentation Award, Honorable Mention, 2019

Society for the Psychological Study of Social Issues (SPSSI), San Diego, CA

### Department of Psychology Dissertation/Thesis Grant (\$1,000), 2019

Department of Psychology, University of Michigan, Ann Arbor, MI

### Community of Scholars Fellowship (\$8,000), 2019

*Summer fellowship for interdisciplinary feminist research (competitive application)*

Institute for Research on Women and Gender, University of Michigan, Ann Arbor, MI

### Hough Summer Research Fellowship for Psychology & Ethics (\$1,000), 2018

Department of Psychology, University of Michigan, Ann Arbor, MI

**Outstanding Graduate Student Instructor Award** (\$1,000), 2018

*Highest teaching award for graduate students; awarded annually to < 1% of graduate student instructors*  
Rackham Graduate School, University of Michigan, Ann Arbor, MI

**Women's Studies Summer Grant** (\$2,500), 2017

Department of Women's Studies, University of Michigan, Ann Arbor, MI

**National Science Foundation Graduate Research Fellowship, Honorable Mention**, 2016

National Science Foundation, Alexandria, VA

**Women's Studies Conference Travel Grant** (\$800), 2016-2019

Department of Women's Studies, University of Michigan, Ann Arbor, MI

**Rackham Conference Travel Grant** (\$1,050), 2016-2018

Rackham Graduate School, University of Michigan, Ann Arbor, MI

**Rackham Graduate Research Award** (\$1,500), 2015; (\$3,000), 2018

Rackham Graduate School, University of Michigan, Ann Arbor, MI

**Rackham Spring/Summer Grants Program Award** (\$9,600), 2015

Rackham Graduate School, University of Michigan, Ann Arbor, MI

**Neuroscience Senior Undergraduate Thesis with Distinction**, 2013

Department of Neuroscience, Pomona College, Claremont, CA

**Pomona College Senior Service Award** (\$100), 2013

Pomona College, Claremont, CA

**Summer Undergraduate Research Assistantship Award (\$3,200)**, 2012

Department of Psychology, Pomona College, Claremont, CA

**Pomona College Scholar**, 2011-2012

Pomona College, Claremont, CA

---

**JOURNAL ARTICLES**


---

\* Undergraduate student mentee co-author

† Graduate student mentee co-author

**Schudson, Z.C.** & Gelman, S.A. (in press). Social constructionist and essentialist beliefs about gender and race. *Group Processes & Intergroup Relations*.

Beischel, W.B., **Schudson, Z.C.**, Hoskin, R.A., & van Anders, S.M. (in press). The Gender/Sex 3x3: Measuring and categorizing gender/sex beyond binaries. *Psychology of Sexual Orientation and Gender Diversity*.

van Anders, S.M., **Schudson, Z.C.**, Beischel, W.B., \*Abed, E.C., Gormezano, A.M., & Dibble, E.R. (2021). Overempowered? Diversity-focused research with gender/sex and sexual majorities. *Review of General Psychology*. Advance online publication. <https://doi.org/10.1177/10892680211034461>

- Schudson, Z.C.** & van Anders, S.M. (2021). Gender/sex diversity beliefs: Scale construction, validation, and links to prejudice. *Group Processes & Intergroup Relations*. Advance online publication. <https://doi.org/10.1177/1368430220987595>
- Schudson, Z.C.** (2021). Psychology's stewardship of gender/sex. *Perspectives on Psychological Science*, 16(6), 1105-1112. <https://doi.org/10.1177/17456916211018462>
- Beischel, W. J., **Schudson, Z. C.**, & van Anders, S. M. (2021). "This is mind expanding": Reactions to an online survey using sexual configurations theory. *Psychology of Sexual Orientation and Gender Diversity*, 8(1), 14–24. <https://doi.org/10.1037/sgd0000450>
- Beischel, W. J., **Schudson, Z. C.**, & van Anders, S. M. (2021). Visualizing gender/sex diversity via sexual configurations theory. *Psychology of Sexual Orientation and Gender Diversity*, 8(1), 1–13. <https://doi.org/10.1037/sgd0000449>
- Beischel, W.J., **Schudson, Z.C.**, Hoskin, R.A., Mao, J., Zielinski, A., & van Anders, S.M. (2021). Translating knowledge of sexual configurations theory via instructional videos. *Archives of Sexual Behavior*, 50, 23–43. <https://doi.org/10.1007/s10508-020-01797-6>
- Schudson, Z.C.** & van Anders, S.M. (2019). "You have to coin new things": Sexual and gender identity discourses in asexual, queer, and/or trans young people's networked counterpublics. *Psychology & Sexuality*, 10(4), 354-368. <https://doi.org/10.1080/19419899.2019.1653957>
- Schudson, Z.C.**, Beischel, W.J., & van Anders, S.M. (2019). Individual variation in gender/sex category definitions. *Psychology of Sexual Orientation and Gender Diversity*, 6(4), 448-460. <http://doi.org/10.1037/sgd0000346>
- \*Abed, E.C., **Schudson, Z.C.**, \*Gunther, O.D., Beischel, W.J. & van Anders, S.M. (2019). Sexual and gender diversity among sexual and gender/sex majorities: Insights via sexual configurations theory. *Archives of Sexual Behavior*, 48(5), 1423–1441. <https://doi.org/10.1007/s10508-018-1340-2>
- Schudson, Z.C.**, Manley, M.H., Diamond, L.M., van Anders, S.M. (2018). Heterogeneity in gender/sex sexualities: An exploration of gendered attractions to physical and psychological traits in women and men. *The Journal of Sex Research*, 55, 1077-1085. <https://doi.org/10.1080/00224499.2017.1402290>
- Schudson, Z.C.**, \*Dibble, E.R., van Anders, S.M. (2017). Gender/sex and sexual diversity via sexual configurations theory: Insights from a qualitative study with gender and sexual minorities. *Psychology of Sexual Orientation and Gender Diversity*, 4(4), 422-437. <https://doi.org/10.1037/sgd0000241>
- van Anders, S.M., **Schudson, Z.C.**, \*Abed, E.C., Beischel, W.J., \*Dibble, E.M., \*Gunther, O.D., Kutchko, V.J., & \*Silver, E.R. (2017). Biological sex, gender, and public policy. *Policy Insights in the Brain and Behavioral Sciences*, 4(2), 194-201. <https://doi.org/10.1177/2372732217720700>
- van Anders, S.M. & **Schudson, Z.C.** (2017). A response to commentaries on "Beyond sexual orientation: Integrating gender/sex and diverse partnered sexualities via sexual configurations theory" (van Anders, 2015). *Archives of Sexual Behavior*, 46, 1547-1550. <https://doi.org/10.1007/s10508-017-1004-7>

Fong, M. C., Goto, S. G., Moore, C., Zhao, T., **Schudson, Z.**, & Lewis, R. S. (2014). Switching between Mii and Wii: The effects of cultural priming on the social affective N400. *Culture and Brain*, 2(1), 52-71.  
<https://doi.org/10.1007/s40167-014-0015-7>

## OTHER PUBLICATIONS

van Anders, S.M., Beischel, W.B., & **Schudson, Z.C.** (2021). *Sexual configurations theory, inclusion of trans people*. In *The SAGE Encyclopedia of Trans Studies*. Eds. Goldberg, A. & Beemyn, G.

**Schudson, Z.C.** (2019). Rob Cover, *Emergent Identities: New Sexualities, Genders and Relationships in a Digital Era* [book review]. *Journal of Sex and Marital Therapy*, 45(4), 351-353.  
<http://dx.doi.org/10.1080/0092623X.2019.1608076>

**Schudson, Z.C.** & Chadwick, S.B. (2017). Cordelia Fine, *Testosterone Rex: Myths of Sex, Science, and Society* [book review]. *Journal of Sex and Marital Therapy*, 43(5), 498-500.  
<https://doi.org/10.1080/0092623X.2017.1337991>

## MANUSCRIPTS UNDER REVIEW & IN PREP

†Troncoso, S.T., **Schudson, Z.C.**, & Gelman, S.A. (under review). Women vs. females: Gender essentialism in everyday language.

\*Saslove, J., Gormezano, A.M., **Schudson, Z.C.**, & van Anders, S.M. (under review). "Showmance:" Is performing intimacy associated with feelings of intimacy?

Fine, R., Beischel, W.J., **Schudson, Z.C.**, & Gelman, S.A. (in prep; manuscript available). Acknowledgment and disregard of gender and race in personal and societal contexts.

## BLOG POSTS

**Schudson, Z.C.** (August, 2019). *Why we should care about care: Applying a feminist ethic of care to survey research on prejudice against gender and sexual minorities*. Psychology's Feminist Voices Standpoints blog. <http://www.feministvoices.com/standpoints/>

**Schudson, Z.C.** (December, 2017). *The way you measure gender/sex and sexuality really matters: An "It feels obvious now, but it wasn't at the time"-style lesson learned*. Psychology's Feminist Voices Standpoints blog. <http://www.feministvoices.com/standpoints/>

## CONFERENCE PRESENTATIONS

**Schudson, Z.C.** & Gelman, S.A. (2021, August). Social constructionist and essentialist beliefs about gender and race. Talk presented at *Society for the Psychological Study of Social Issues Annual Conference*, Virtual.

Beischel, W. J., **Schudson, Z. C.**, Hoskin, R. A., & van Anders, S. M. (2021, July). Recommendations for inclusive gender/sex demographic questions using the Gender/Sex 3x3. Poster presented at International Academy of Sex Research Annual Meeting, Virtual.

Beischel, W. J., **Schudson, Z. C.**, Hoskin, R. A., van Anders, S. M. (2021, July). Recommendations for inclusive gender/sex demographic questions using the Gender/Sex 3x3. Poster presented at *Conference of the European Survey Research Association*, Virtual.

**Schudson, Z.C.** & Gelman, S.A. (2021, April). Social constructionist and essentialist beliefs about gender and race. Talk presented at *Western Psychological Association Convention*, Virtual.

Beischel, W. J., **Schudson, Z. C.**, Hoskin, R. A., van Anders, S. M. (2021, February). Recommendations for inclusive gender/sex demographic questions using the Gender/Sex 3x3. Data blitz at Gender Preconference, *Society for Personality and Social Psychology Annual Convention*, Virtual.

**Schudson, Z.C.**, Tate, C., Spears Brown, C., & Park, B. (2020, February). Rethinking the gender binary in social-personality research. Panel discussion at Gender Preconference, *Society for Personality and Social Psychology Annual Convention*, New Orleans, LA.

**Schudson, Z.C.** & van Anders, S.M. (2020, February). Promoting affirming beliefs about gender/sex diversity with sexual configurations theory. Poster presented at *Society for Personality and Social Psychology Annual Convention*, New Orleans, LA.

**Schudson, Z.C.** & van Anders, S.M. (2019, June). Centering queer perspectives on gender/sex: Implications for intergroup attitudes. Talk presented at *Society for the Psychological Study of Social Issues Annual Conference*, San Diego, CA.

\*Received honorable mention for Feminism & Psychology's Student Presentation Award

**Schudson, Z.C.** & van Anders, S.M. (2019, February). Links between prejudice against gender minorities and essentialist and social constructionist beliefs about gender/sex. Poster presented at *Society for Personality and Social Psychology Annual Convention*, Portland, OR.

**Schudson, Z.C.**, Beischel, W.J., & van Anders, S.M. (2018, October). Heterogeneity in gender/sex definitions among lay individuals. Poster presented at *Gender Development Research Conference*, San Francisco, CA.

Beischel, W. J., **Schudson, Z. C.**, van Anders, S. M. (2018, October). Diagramming gender/sex diversity: A novel visual method for assessing individual gender/sex via sexual configurations theory. Poster presented at *Gender Development Research Conference*, San Francisco, CA.

**Schudson, Z.C.**, Beischel, W.J., & van Anders, S.M. (2018, June). Ideological avalanches: When gender/sex majorities protest by participating. Talk presented at *Society for the Psychological Study of Social Issues Annual Conference*, Pittsburgh, PA.

Beischel, W.J., **Schudson, Z.C.**, & van Anders, S.M. (2018, June). "This is mind expanding": Cisgender individuals map gender/sex diversity. Talk presented at *Society for the Psychological Study of Social Issues Annual Conference*, Pittsburgh, PA.

\*Abed, E.C., Gunther, O.D., Gormezano, A., **Schudson, Z.C.**, Beischel, W.J., & van Anders, S.M. (2018, June). Interviewing up: Challenges with sexual/gender majorities for sexual diversity research. Talk presented at *Society for the Psychological Study of Social Issues Annual Conference*, Pittsburgh, PA.

**Schudson, Z.C.**, Manley, M.H., Diamond, L.M., van Anders, S.M. (November, 2017). Heterogeneity in gender/sex sexualities: Gendered attractions to physical and psychological traits in women and men. Presented at poster session at *Society for the Scientific Study of Sexuality Annual Conference*, Atlanta, GA.

**Schudson, Z.C.**, Manley, M.H., Diamond, L.M., van Anders, S.M. (July, 2017). Heterogeneity in gender/sex sexualities: Gendered attractions to physical and psychological traits in women and men. Presented at poster session at *International Academy of Sex Research Annual Meeting*, Charleston, SC.

van Anders, S.M., **Schudson, Z.C.**, \*Dibble, E.R. (November, 2016). Sexual configurations theory: A practical-how-to for your research with sexual and gender/sex diversity. Symposium conducted at *Society for the Scientific Study of Sexuality Annual Conference*, Phoenix, AZ.

**Schudson, Z.C.**, \*Dibble, E.R., van Anders, S.M. (November, 2016). Mapping partnered sexualities and gender/sex identities using sexual configurations theory. Presented at poster session at *Society for the Scientific Study of Sexuality Annual Conference*, Phoenix, AZ.

\*Dibble, E.R., **Schudson, Z.C.**, van Anders, S.M. (October, 2016). “It was affirming in some ways and challenging in others”: Producing affect, knowledge, and identity in a qualitative study with gender and sexual minorities. Talk presented at the *Association for Feminist Epistemologies, Methodologies, Metaphysics, and Science Studies*, Notre Dame, IN.

**Schudson, Z.C.**, \*Dibble, E.R., van Anders, S.M. (June, 2016). Mapping partnered sexualities and gender/sex identities using sexual configurations theory. Presented at poster session at *International Academy of Sex Research Annual Meeting*, Malmo, Sweden.

Fong, M., Moore, C., Zhao, T., **Schudson, Z.C.**, Goto, S., & Lewis, R. (April, 2011). Priming affective incongruity in bicultural individuals using the N400. Presented at poster session at *Cognitive Neuroscience Society Annual Meeting*, San Francisco, CA.

## TEACHING EXPERIENCE

### Sacramento State

**Psychology of Human Sexuality (PSYC 134)** (Fall 2020; Spring 2021; Fall 2021)

**Psychology of Women (PSYC 157)** (Fall 2020; Spring 2021; Spring 2022)

**Psychology of Sexual Orientation and Gender Identity (PSYC 160)** (Fall 2021; Spring 2022)

### University of Michigan

#### *Lead Instructor*

**Psychology of Gender and Sexual Diversity** (Winter 2018; Fall 2019)

#### *Graduate Student Instructor*

**Introduction to Psychology as a Natural Science** (Fall 2015)

**Psychology of Women and Gender** (Winter 2016)

**Sex, Sexuality, and Public Policy** (Fall 2016)

**Gender and the Law** (Winter 2017)

### Consulting Experience

#### **Graduate Student Instructional Consultant**

**Center for Research on Learning and Teaching, University of Michigan** (Sept. 2018 – June 2020)

- Conducted mid-semester feedback sessions, teaching philosophy statement writing assistance, and other consultations with graduate student instructors.

- Attended bimonthly meetings GSIC meetings to discuss pedagogical issues and share challenges and strategies related to consulting with graduate students.

### Professional Development

Teach Online! Summer Camp, Sacramento State Center for Teaching and Learning (2020)

ACUE Microcredential in Promoting Active Learning Online, Sacramento State Center for Teaching and Learning (2021)

## **MENTORING**

### **Sacramento State**

**Undergraduate Lab Members:** Francisco Villalpando (2021), Maddy Saechao-Mendoza (2021), Love Bazuin (2022-present), Eleanor Charles (2022-present)

**Graduate Lab Members:** Leslie Vernon (2021-present), Riley Henry (2021-present)

### **Pre-Sacramento State**

#### **Undergraduate Honors Theses:**

*Co-Supervised with Dr. Sari van Anders*

Emma Abed (2017-2018). Investigating diversity in sexual and gender/sex majorities: Interviews using sexual configurations theory. *For the degree of Bachelor of Arts with Honors in Psychology from the University of Michigan.*

\*Winner of the W.B. Pillsbury Prize for outstanding research in the field of experimental psychology (\$500)

Jenni Saslove (2018-2019). Actors in love: Is performing intimacy associated with feelings of intimacy? *For the degree of Bachelor of Science with Honours in Psychology from Queen's University.*

*Co-Supervised with Dr. Susan Gelman*

Logan Burley (2019-2020). Facial gender ambiguity. *For the degree of Bachelor of Arts with Honors in Psychology and Women's Studies from the University of Michigan.*

#### **Master's Theses:**

*Co-Supervised with Dr. Sari van Anders*

Will Beischel (2016-2018). Gender/sex configurations via sexual configurations theory: A novel survey method for assessing diverse gender/sexes. *For the degree of Master of Science in Psychology from University of Michigan.*

*Co-Supervised with Dr. Susan Gelman*

Solangel Troncoso (2019-2021). Women vs. females: Gender essentialism in everyday language. *For the degree of Master of Science in Psychology from University of Michigan.*

## **GUEST LECTURES & INVITED PRESENTATIONS**

Schudson, Z.C. (October, 2020). *Brain sex myths*. Guest lecture delivered asynchronously for undergraduate course, *Psychology of Gender*. Macalester College, St. Paul, MN.

Schudson, Z.C. (January, 2020). *Beliefs about gender/sex diversity: Links to prejudice and diversity-affirming interventions*. Personality & Social Contexts Brown Bag Series, University of Michigan, Ann Arbor.

- Schudson, Z.C., Beischel, W.J., & Chadwick, S.B. (December, 2019). Online synchronous guest lecture in senior undergraduate seminar. Department of Social Work, University of Buffalo.
- Schudson, Z.C. (April, 2019). *Gender/sex diversity affirmation: Scale construction and links to prejudice*. Guest lecture in undergraduate course *Feminist Research Methods*, University of Michigan, Ann Arbor.
- Schudson, Z.C. (January, 2019). *Gender/sex diversity affirmation: Scale construction and links to prejudice*. Personality & Social Contexts Brown Bag Series, University of Michigan, Ann Arbor.
- Schudson, Z.C. et al. (December, 2018). *Annual Bill J. McKeachie teaching panel*. Panel presentation for graduate course *Teaching Academy*. University of Michigan, Ann Arbor.
- Schudson, Z.C. et al. (September, 2018). *Applying to PhD programs in psychology*. Panel presentation for Honors Program in Psychology, University of Michigan, Ann Arbor.
- Schudson, Z.C. (February, 2018). *Sexual orientation and essentialism*. Guest lecture in undergraduate course *Psychology of Women and Gender*. University of Michigan, Ann Arbor.
- Schudson, Z.C. et al. (December, 2017). *Annual Bill J. McKeachie teaching panel*. Panel presentation for graduate course *Teaching Academy*. University of Michigan, Ann Arbor.
- Schudson, Z.C. et al. (September, 2017). *Applying to PhD programs in psychology*. Panel presentation for Honors Program in Psychology, University of Michigan, Ann Arbor.
- Schudson, Z.C. & Dibble, E.R. (April, 2017) *Gender/sex and sexual diversity via sexual configurations theory*. Invited guest lecture in undergraduate course *Sex, Gender, and Sexuality in Science and Technology*. Michigan State University, East Lansing.
- Schudson, Z.C. (November, 2016). *Gender and bathroom policies*. Guest lecture in *Sex, Sexuality, and Public Policy*, University of Michigan, Ann Arbor.
- Schudson, Z.C. (November, 2016). *Mapping partnered sexualities and gender/sex via sexual configurations theory*. Gender and Feminist Psychology Brown Bag Series, University of Michigan, Ann Arbor.
- Schudson, Z.C. (March, 2016). *Theories of sexual orientation*. Guest lecture in *Psychology of Women and Gender*, University of Michigan, Ann Arbor.

---

## **PROFESSIONAL SERVICE**

### **University Service**

#### *Sacramento State*

Psychology Department Assessment Committee, 2020-present

Psychology Department Curriculum Committee (interim), Fall 2021

#### *Pre-Sacramento State*

Michigan Association of Psychology Scholars, Mentor. University of Michigan, Ann Arbor, MI. 2017-2018.



Graduate Admissions Committee, Gender & Feminist Psychology. University of Michigan, Ann Arbor, MI. 2016-2017  
 Co-Facilitator, Personality & Social Contexts Student Meetings. University of Michigan, Ann Arbor, MI. 2015-2016  
 Student Affairs Committee, Subcommittee on Title IX. Pomona College, Claremont, CA. 2012-2013  
 Faculty Position Advisory Committee. Pomona College, Claremont, CA. 2012-2013

### **Service to the Profession**

Consulting Editor, *Psychology of Sexual Orientation and Gender Diversity*

Ad Hoc Journal Reviewer: *Archives of Sexual Behavior, Cognitive Science, Gender Issues, Group Processes & Intergroup Relations, International Journal of Transgender Health, Journal of Homosexuality, Journal of Community & Applied Social Psychology, Psychology & Sexuality, Psychology of Women Quarterly, Sex Roles, Social Psychological & Personality Science, Women & Therapy*

---

### **PROFESSIONAL AFFILIATIONS**

American Psychological Association, 2018-current

Division 8, Society for Personality and Social Psychology, 2018-current

Division 9, Society for the Psychological Study of Social Issues, 2018-current

Division 35, Society for the Psychology of Women, 2018-current

Division 44, Society for the Psychology of Sexual Orientation and Gender Diversity, 2018-current

Society for the Scientific Study of Sexuality, Student Member, 2015-2018

International Academy of Sex Research, Student Member, 2015-2018

---

### **RELEVANT WORK EXPERIENCE**

#### **Queer Resource Center of the Claremont Colleges**

Claremont, CA

*QRC Intern*

01/2010 – 05/2013

- Organized events to support LGBTQIA students, educate the campus community, and advocate for queer issues
- Assisted in administrative duties, hiring, and communication with other organizations